



## Sample Itinerary\_Wild Food & Foraging Mini-Adventure (4 days)

### Suggested Itinerary

- Day 1      Meet in Oban – Sail to our first anchorage
- Day 2      Go ashore for a guided foraging walk – Sail and anchor to our next anchorage
- Day 3      Go ashore for a guided foraging walk – Sail and anchor to our next anchorage
- Day 4      Return to Oban, arrive at approx. 12 noon for onward travel

### Trip Description

This trip will depart and return to Oban, the Gateway to the Isles and the ideal starting point for an adventure around the Hebridean islands. Your guide, Heather has spent over five decades exploring the west coast of Scotland and enjoying wild foods from a very young age.

This trip starts at Oban where we meet at the North Pier - just a short walk from the railway station, so low-carbon travel to and from is easy. In fact, if you choose to join us by train your journey up is a highlight as the world-famous West Highland Line has been ranked amongst the most picturesque train rides in the world.

After an introduction to the boat, the crew and our guide Heather, and a safety brief we will have a safety brief before enjoying 'Wild & Foraged' welcome refreshments. A short sail to our first night's anchorage will then allow us to get our sea legs and for you to settle into your home for this mini adventure.

Our itinerary allows us to flexibly sail between islands and remote mainland bays, where we will go ashore with Heather, our walking and foraging guide. Heather will introduce you to the seasonal wild foods and species that abound in their different coastal habitats making for an interesting array of flavours and tastes that can be brought to the table or identified for future reference.

We ensure we take great care around the species and special qualities these wonderful places offer and can help you gain knowledge about foraging wild foods sustainably, as well as learning about the animals and insects they benefit.

On return to the boat, after the all-important coffee and 'wild' cake we will set sail for our next anchorage.

Each day we will enjoy exploring the beauty of our chosen destination, its clear waters, coast, and landscape and discover a little more about the wild foods that grow there. At dinner we can enjoy the addition of wild treats, from embellishments we have found on the day to specially created dishes using wild foods, pickles and ferments before spending the night at anchor under a blanket of stars, perhaps with a dram, mulled wild punch or hot chocolate in hand recounting the day's adventures, planning, and looking forward to the next.

Your comfort and safety are always at the top of our priority list so exact itineraries may vary to account for wind and weather. However, we are most certainly spoilt for choice when it comes to places to visit.

## What's included in the price

3 nights / 4 days on board

All on-board meals and snacks (unlimited cake!)

Accompanied by a qualified Hiking and Foraging Guide

All harbour and marina fees

Fuel

Gas

No hidden extras!